

Allergen & Nutritional Information

Last updated: 12/07/2024

This document contains information for unpackaged products that are sold in our food and coffee zone. If you require information for other products, please refer to product packaging.

Hot Cabinet

Chicken Bite Korean Style	Classic Steak, Bacon, & Cheese Pie (SI)	Sausage
Chicken Bite Louisiana	Gourmet Angus Steak & Cheesy Mustard Pie	Spicy Bratwurst
Chicken Tender Panko & Quinoa	Gourmet Bacon & Egg Pie	Spinach & Feta Roll
Chicken Tender Southern Style	Gourmet BBQ Pulled Pork Pie	Toppa Bacon & Cheese
Chunky Chip	Gourmet Butter Chicken Pie	Toppa Chicken Cordon Bleu
Classic Mince & Cheese Pie (NI)	Gourmet Lamb, Mint & Potato Top Pie	Toppa Lasagne
Classic Mince & Cheese Pie (SI)	Gourmet NYC Pepper Steak Pie	Toppa Mac & Cheese
Classic Mince Pie	Gourmet Pepper S'hroom Pie (Vegan)	Toppa Southern Fried Chicken
Classic Spag Bol & Cheese Pie	Ham and Gouda Croissant	Vegan Chorizo Roll
Classic Steak & Cheese Pie (NI)	Kransky Roll	Vegan Mince & Cheese Pie
Classic Steak & Cheese Pie (SI)	Jalapeño Bite	Vegan Sausage Roll
Classic Steak, Bacon, & Cheese Pie (NI)	Sausage Roll	

Ambient Cabinet

Apricot, Apple & Almond Muffin	Custard Danish	Raspberry, White Chocolate & Apple Muffin
Blueberry Muffin	Double Choc Muffin	Triple Chocolate Cookie
Caramel Slice	Ham and Gouda Croissant	White Chocolate & Caramel Cookie
Carrot Cake Muffin	Lolly Cake	
Chocolate Brownie	Maple Pecan Plait	
Cinnamon Swirl	Mini Apple Turnover	
Crodot	Pain au Chocolat	

Cold Cabinet

Vanilla Custard Slice		
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Iced Drinks, Frappes & Smoothies


Banana Berry Smoothie	Iced Chocolate	Mocha Frappe
Chocolate Frappe	Iced Latte	Tropical Smoothie
Coffee Frappe	Iced Matcha	
Iced Americano	Iced Mocha	

Hot Drinks

Ingredients	Finished Hot Drinks	Salted Caramel Cookie Time Cookie 7g
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Hot Cabinet

Chicken Bite - Korean Style

INGREDIENTS	Chicken (53%), batter [water, thickeners (412, 1404), wheat flour, dehydrated vegetables, hydrolysed soy protein, salt, spices, acidity regulator (262), natural flavour, sweetener (955)], breadcrumb [wheat flour, glucose, salt, yeast, colours (100, 160b), sugar, hydrolysed soy protein, dehydrated vegetables, spices, acidity regulator (262), natural flavour, spice extract, anticaking agent (551), parsley], water, vegetable oil, soy protein isolate, textured soy protein, seasoning (emulsifier (451), hydrolysed vegetable protein (soy), flavour enhancer (920)), dehydrated onion, emulsifiers (450, 451), salt, ground white pepper.																																																					
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Chicken Bite - Louisiana

INGREDIENTS	Chicken (53%), batter [water, wheat flour, thickeners (404, 412), maize starch, salt, spices, herbs, emulsifiers (450, 500), whey powder (milk), dextrose, vegetable powder, hydrolysed vegetable protein (wheat), flavour enhancer (635)], breadcrumbs [wheat flour, wheat gluten , wheat starch, salt, dextrose (tapioca, maize), spices, mineral salts (450, 500), maltodextrin (maize), herbs (wheat, gluten), colours (100, 160b, 160c), thickener (1420), wheat fibre, dehydrated vegetables, worcestershire sauce powder, flavours, yeast extract, sugar, canola oil, spice extracts, herb extracts, yeast, glucose], water, vegetable oil, soy protein isolate, textured soy protein, seasoning [emulsifier (451), hydrolysed vegetable protein (soy), flavour enhancer (920)], dehydrated onion, emulsifiers (450, 451), salt, ground white pepper.																																																						
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Chicken Tender - Panko & Quinoa

Hot cabinet

INGREDIENTS	Chicken (64%), water, crumb [wheat flour, buckwheat flour (gluten), oat flour, quinoa (0.7%), yeast, sugar], vegetable oil (sunflower, canola), flour (wheat , maize), modified starch (1420), wheat semolina, wheat gluten, polenta, salt, mineral salts (339, 451, 452, 450), raising agent (500), thickener (412), acidity regulator (330), maltodextrin (maize), natural colours (paprika, turmeric).			
ALLERGENS*	Contains: Wheat, Gluten May contain: Milk			
NUTRITION INFORMATION	NUTRITION INFORMATION			
	Serving size: 111g (approx. 2 Tenders)			
	Average Quantity	per Serving	per 100g	
	Energy	968 kJ	872	kJ
	Protein	14.5 g	13.1	g
	Fat, total	12.7 g	11.4	g
	- Saturated	2.4 g	2.2	g
	Carbohydrates	14.9 g	13.4	g
	- Sugars	0.6 g	0.5	g
	Sodium	477 mg	430	mg
DIETARY SUITABILITY**	Halal			
VERSION NUMBER	3.0			
ISSUE DATE	08-12-2023			

IMAGE



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Chicken Tender - Southern Style


INGREDIENTS	Chicken (63%), water, vegetable oil (canola), flour (wheat , maize), thickener (1404, 412, 1422), salt, raising agents (541, 500), dextrose (maize), spices, herbs, spice extracts, mineral salts (450, 500, 451, 452), whey powder (milk), wheat gluten , dehydrated vegetables, flavours, maltodextrin (maize), yeast extract, sugar, flavour enhancer (635), acidity regulator (330), wheat semolina, polenta			
ALLERGENS*	Contains: Wheat, Gluten, Milk May contain: Soy			
NUTRITION INFORMATION	NUTRITION INFORMATION			
	Serving size: 111g (approx. 2 Tenders)			
	Average Quantity	per Serving		per 100g
	Energy	827	kJ	745 kJ
	Protein	14.7	g	13.2 g
	Fat, total	10.7	g	9.7 g
	- Saturated	1.9	g	1.7 g
	Carbohydrates	10.7	g	9.6 g
	- Sugars	1.0	g	< 1 g
	Sodium	699	mg	630 mg
DIETARY SUITABILITY**	Halal			
VERSION NUMBER	3.0			
ISSUE DATE	08-12-2023			

IMAGE



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Chunky Chip


INGREDIENTS	Agrida potato (93%), canola oil, potato flake, potato starch, salt, pepper.			
ALLERGENS*	N/A			
NUTRITION INFORMATION	NUTRITION INFORMATION			
	Serving size: 25g (1 chip)			
	Average Quantity	per Serving	per 100 g	
	Energy	123 kJ	490	kJ
	Protein	490 g	2.5	g
	Fat, total	1.1 g	4.6	g
	- Saturated	0.1 g	0.4	g
	Carbohydrates	3.9 g	15.6	g
- Sugars	0.1 g	0.4	g	
Sodium	69 mg	276	mg	
DIETARY SUITABILITY**	Vegetarian Vegan			
VERSION NUMBER	1.0			
ISSUE DATE	12-06-2024			
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Classic Mince & Cheese Pie (North Island)


Hot cabinet

INGREDIENTS	Water, wheat flour, beef mince (18%), pastry fat (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), modified starch (1414), cheese sauce (7%),(cheese (milk), cheese powders (milk) [milk solids, cheese (milk), salt, food acid (270)], wheat flour, modified starch (1442), skim milk powder, salt, lactose (milk), onion powder, vegetable fat, mustard flour, flavour enhancer (635), flavours, colour (160a)), onion, salt, soy protein, seasoning (hydrolysed vegetable protein (soy , maize)), soybean oil (soy), flavour enhancer (635)), colour (150d), flavour enhancer (635), canola oil (antioxidant (319), natural flavouring (soy), anti-caking agent (551)), colour (150c), flavouring, pastry glaze (rennet casein (milk), lactose (milk), sugar, raising agent (450), colour (160a) , black pepper, herbs, garlic, colour (102, 110)																																																					
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Classic Mince & Cheese Pie (South Island)

Hot cabinet

INGREDIENTS	Water, wheat flour, beef mince (18%), pastry fat (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), modified starch (1414), cheese cheddar mild (7%),(milk , salt, cultures, enzymes, anticaking agent (460)), onion, salt, soy protein, seasoning (hydrolysed vegetable protein (soy , maize)), soybean oil, flavour enhancer (635)), colour (150d), flavour enhancer (635), canola oil (antioxidant (319), natural flavouring (soy), anti-caking agent (551)), colour (150c), flavouring, pastry glaze (rennet casein (milk), lactose (milk), sugar, raising agent (450), colour (160a), black pepper, herbs, garlic, colour (102, 110)																																																					
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Classic Mince Pie

INGREDIENTS	Water, wheat flour, beef mince (25%), pastry fat (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), modified starch (1414), onion, salt, soy protein, seasoning (hydrolysed vegetable protein (soy , maize)), soybean oil (soy), flavour enhancer (635)), colour (150d), flavour enhancer (635), canola oil (antioxidant (319), natural flavouring (soy), anti-caking agent (551)), colour (150c), flavouring, pastry glaze (rennet casein (milk), lactose (milk), sugar, raising agent (450), colour (160a)), black pepper, herbs, garlic, colour (102, 110)																																																						
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Protein	13.6	g	6.5	g																																																			
Fat, total	22.4	g	10.7	g																																																			
- Saturated	12.5	g	6.0	g																																																			
Carbohydrates	47.6	g	22.7	g																																																			
- Sugars	0.9	g	0.4	g																																																			
Sodium	949	mg	452	mg																																																			
DIETARY SUITABILITY**	N/A																																																						
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Classic Spag Bol & Cheese Pie

Hot cabinet

INGREDIENTS	Water, wheat flour, beef mince (15%), pastry fat (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), tomato, onion, cheese sauce (7%), (cheese (milk), cheese powders [milk solids, cheese (milk), salt, food acid (270)], flour, modified starch (1442), skim milk powder, salt, lactose (milk), onion powder, vegetable fat, mustard flour, flavour enhancer (635), flavours, colour (160a)), spaghetti (2%) (wheat), tomato paste, red capsicum, leek, red wine stock (no alcohol), modified starch (1414), soy protein, bacon mince, worcestershire sauce (fish), salt, soy sauce, seasoning (salt, sugar, hydrolysed vegetable protein (soy) [hydrolysed vegetable protein (soy), maltodextrin, salt, rice bran oil], onion powder, maltodextrin, yeast, colour (150d), yeast extract, spices, garlic powder, flavour enhancer (635), canola oil, natural flavourings (wheat, soy), herbs, anti-caking agent (551), spice extract)), garlic, flavouring, balsamic vinegar, pastry glaze (rennet casein (milk), lactose (milk), raising agent (450), colour (160a)), black pepper, herbs, colour (102, 110)																																																					
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Classic Steak & Cheese Pie (North Island)


Hot cabinet

INGREDIENTS	Water, wheat flour, beef diced (18%), pastry fat (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), modified starch (1414), cheese sauce (7%),(cheese (milk), cheese powders [milk solids, cheese (milk), salt, food acid (270)], wheat flour, modified starch (1442), skim milk powder, salt, lactose (milk), onion powder, vegetable fat, mustard flour, flavour enhancer (635), flavours, colour (160a)), onion, salt, soy protein, seasoning (hydrolysed vegetable protein (soy , maize)), soybean oil (soy), flavour enhancer (635)), colour (150d), canola oil (antioxidant (319), natural flavouring (soy), anti-caking agent (551)), colour (150c), flavouring, pastry glaze (rennet casein (milk), lactose (milk), raising agent (450), colour (160a)), black pepper, herbs, garlic, colour (102, 110)																																																					
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Classic Steak & Cheese Pie (South Island)

Hot cabinet


INGREDIENTS	Water, wheat flour, beef diced (18%), pastry fat (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), modified starch (1414), cheese mild cheddar cheese (7%),(milk , salt, cultures, enzymes, anticaking agent (460)), onion, salt, soy protein, seasoning (hydrolysed vegetable protein (soy , maize)), soybean oil, flavour enhancer (635)), colour (150d), canola oil (antioxidant (319), natural flavouring (soy), anti-caking agent (551)), colour (150c), flavouring, pastry glaze (rennet casein (milk), lactose (milk), raising agent (450), colour (160a)), black pepper, herbs, garlic, colour (102, 110)																																																						
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Classic Steak, Bacon & Cheese Pie (North Island)


Hot cabinet

INGREDIENTS	Water, wheat flour, beef diced (18%), pastry fat (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), modified starch (1414), cheese sauce (7%),(cheese (milk), cheese powders [milk solids, cheese (milk), salt, food acid (270)], wheat flour, modified starch (1442), skim milk powder, salt, lactose (milk), onion powder, vegetable fat, mustard flour, flavour enhancer (635), flavours, colour (160a)), bacon (5%) (pork (63%), water, potato starch, salt, sugar, modified starch (1442), stabilisers (450,452,407,415,412), flavourings, soy protein, antioxidant (316), anti-caking agent (551), sodium nitrite (250), colour (124,160b)), onion, salt, soy protein, seasoning (hydrolysed vegetable protein (soy , maize)), soybean oil (soy), flavour enhancer (635)), colour (150d), canola oil (antioxidant (319), natural flavouring (soy), anti-caking agent (551)), colour (150c), flavouring, pastry glaze (rennet casein (milk), lactose (milk), raising agent (450), colour (160a)), black pepper, herbs, garlic, colour (102, 110)																																																					
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Classic Steak, Bacon & Cheese Pie (South Island)

Hot cabinet

INGREDIENTS	Water, wheat flour, beef diced (18%), pastry fat (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), modified starch (1414), cheese (milk , salt, cultures, enzymes, anticaking agent (460)), bacon (5%) (pork (63%), water, potato starch, salt, sugar, modified starch (1442), stabilisers (450,452,407,415,412), flavourings, soy protein, antioxidant (316), anti-caking agent (551), sodium nitrite (250), colour (124,160b)), onion, salt, soy protein, seasoning (hydrolysed vegetable protein (soy , maize)), soybean oil, flavour enhancer (635), colour (150d), canola oil (antioxidant (319), natural flavouring (soy), anti-caking agent (551)), colour (150c), flavouring, pastry glaze (rennet casein (milk), lactose (milk), raising agent (450), colour (160a)), black pepper, herbs, garlic, colour (102, 110)																																																					
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Gourmet Angus Steak & Cheesy Mustard Pie

Hot cabinet


INGREDIENTS	Water, wheat flour, beef (18%) pastry margarine (beef fat, vegetable oil, water, salt, emulsifier (471, 322), acidity regulator (500), antioxidant (307b) (soy), food acid (330), colour (160a), tomato, onion, cheesy mustard sauce (water, tasty cheese (9%) (milk), cheese powders (4.9%) (milk solids, cheese (milk), salt, food acid (270)), habanero mustard (7.3%) (white vinegar, yellow mustard flour, sugar, crushed chilli (habanero, cayenne), water, coriander leaf, salt, turmeric, dried garlic, fried onion, preservative (202), emulsifier (435), xanthan gum (415)), wheat flour, modified starch (1442), skim milk powder, salt, lactose (milk), onion powder, vegetable fat, mustard flour, flavour enhancer (635), flavours, colour (160a)), butter (milk), modified starch (1414), seasoning (salt, sugar, hydrolysed vegetable protein [yeast, soybean oil (soy), maize, wheat , flavour enhancer (635)], dehydrated onion, maltodextrin, yeast, colour (150d), yeast extracts, spices, dehydrated garlic, flavour enhancer (635), canola oil (antioxidant (319), flavours, herbs, anti-caking agent (551), spice extract, salt), worcester sauce (sugar, white vinegar (water, acetic acid), salt, dark soy sauce (water, soy bean, wheat flour, sugar, salt, potassium sorbate), fish sauce, salt, sugar), garlic powder, ground cloves, chilli powder, nutmeg, tomato paste, dijon mustard, pastry glaze (rennet casein (milk), lactose (milk), sugar, raising agent (450), colour (160a), seasoning (soy , wheat), herbs, garlic, black pepper, mustard seeds, colour (150c), colour (102, 110)																																																					
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Gourmet Bacon & Egg Pie

INGREDIENTS	Fresh free range eggs (39%), wheat flour, bacon (11.5%) (pork (63%), water, potato starch, salt, sugar, modified starch (1442), stabilisers (450,452,407,415,412), flavourings, soy protein, antioxidant (316), anti-caking agent (551), sodium nitrite (250), colour (124,160b)), water, pastry fat (beef, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), tomato relish (preservative (202,211)), onion, cheese (milk), glaze (rennet casein (milk), lactose (milk), raising agent (450)), colour (102, 110)																																																					
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LTO: Gourmet BBQ Pulled Pork Pie

INGREDIENTS	Flour (wheat), pulled pork (24%) (pork (70%), tomato powder, spices, maize starch, salt, yeast extract, molasses powder, malt extract (barley), flavour (soy), food acid (262), spice extracts (160c), herb extract), water, pastry fat (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330)), tomato, onion, BBQ sauce (3%) (acidity regulator (260), thickener (1442), colour (150d), preservative (202)), leek, modified maize starch (1414), red capsicum, tomato paste, red quinoa, seasoning (hydrolysed vegetable protein (soy , maize), colour (150d), flavour enhancer (635), natural flavourings (wheat , soy)), apple cider vinegar, worcester sauce (fish), salt, garlic, dijon mustard, pastry glaze (rennet casein (milk), lactose (milk)), herbs, paprika, black pepper, cumin, chili powder, colour (102, 110)																																																					
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Gourmet Butter Chicken Pie


INGREDIENTS	Wheat flour, water, chicken (25%), pastry fat (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (306 soy), food acid (330), colour (160a)), cream (5%) (milk), onion, tomato paste, seasoning (flavour enhancer (635), milk solids, wheat flour, flavourings (wheat, milk), spray dried fat powder (soy, milk), spice extracts (160c), anti-caking agent (551), acidity regulator (330), colour (150d)), tomato, modified starch (1414), butter (1%) (milk), salt, garlic, spices, glaze (rennet casein (milk), lactose (milk), raising agent (450)), colour (102, 110)				
ALLERGENS*	Contains: Gluten, Wheat, Soy, Milk May contain: Egg, Cashews, Fish				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 220g				
	Average Quantity	per Serving		per 100g	
	Energy	2330	kJ	1060	kJ
	Protein	23.1	g	10.5	g
	Fat, total	29.0	g	13.2	g
	- Saturated	16.3	g	7.4	g
Carbohydrates	48.9	g	22.2	g	
- Sugars	3.7	g	1.7	g	
Sodium	1000	mg	454	mg	
DIETARY SUITABILITY**	N/A				
VERSION NUMBER	2.0				
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LTO: Gourmet Lamb, Mint & Potato Top Pie

Hot cabinet

INGREDIENTS	Water, wheat flour, lamb (14%), pastry fat (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330)), potato flakes (4%), pumpkin, potato (2%), kumara, mint jelly, carrot, onion, celery, modified maize starch (1414), butter (milk), soya oil (soy), seasoning (hydrolysed vegetable protein (soy), colour (150d), flavour enhancer (635), natural flavourings (wheat, soy)), salt, thyme, rosemary, garlic, white pepper, black pepper, colour (102, 110)																																																					
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Gourmet NYC Pepper Steak Pie

INGREDIENTS	Water, beef (28%), wheat flour, pastry fat (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), modified starch (1414), onion, seasoning (milk solids, lactose (milk), yeast extract (flavour enhancer (635), partially hydrogenated soybean oil), soy sauce powder (fermented soy sauce (wheat), colour (150d), hydrolysed vegetable protein (soy), anti-caking agent (551)), black pepper, pastry glaze (rennet casein (milk), lactose (milk), raising agent (450), colour (160a)), salt, garlic, colour (102, 110)																																																					
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Gourmet Pepper 'Shroom Pie (Vegan)

INGREDIENTS	Wheat flour, water, pastry margarine, (vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), portobello & button mushrooms (17.0%), vegan cheddar cheese (modified potato starch (1404, 1414, 1450), coconut oil, mineral salt (calcium phosphate), natural flavours, yeast extract, citric acid, lactic acid), colour (160a), preservative (potassium sorbate)), coconut cream, spinach, potato, celeriac, kumara, onion, tomato, modified starch, soy sauce, leek, cracked black pepper, salt, mushroom stock (mineral salt (508), flavour enhancer (635)), garlic, seasoning (sea salt, maize, maltodextrin, cane sugar, yeast extract, sunflower oil, extra virgin olive oil, dehydrated onion, spinach, cabbage, celery, natural vegetable flavours, garlic), thyme, rosemary, black pepper, colour (102,110)																																																						
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- Saturated	17.7	g	8.4	g																																																			
Carbohydrates	46.5	g	22.1	g																																																			
- Sugars	1.9	g	0.9	g																																																			
Sodium	874	mg	416	mg																																																			
DIETARY SUITABILITY**	Vegan																																																						
VERSION NUMBER	3.0																																																						
ISSUE DATE	08-12-2023																																																						

IMAGE



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Ham and Gouda Croissant

INGREDIENTS	Wheat flour, water, butter (milk) (15%), ham (9%) (pork (90%), water, salt, acidity regulator (331), stabilizer (451), smoke flavouring, antioxidant (316), preservative (250)), gouda cheese (milk) (5%), yeast, sugar, iodized salt, wheat gluten , vegetable oils, modified starch (1414), potato starch, maltodextrin, whole egg powder, skimmed milk powder, cheese powder (milk), vegetable proteins, wheat starch, salt, vegetable fibres (wheat), natural flavouring, glucose syrup, wheat protein, natural flavouring (milk), lemon juice concentrate, milk proteins, flour treatment agent (300), spices, enzymes			
ALLERGENS*	Contains: Wheat, Gluten, Egg, Milk May Contain: Soy, Almonds, Brazil Nuts, Cashews, Hazelnuts, Macadamias, Pecans, Pine Nuts, Pistachios, Walnuts			
NUTRITION INFORMATION	NUTRITION INFORMATION			
	Serving size: 100g			
	Average Quantity	per Serving		per 100g
	Energy	1227	kJ	1227 kJ
	Protein	9.3	g	9.3 g
	Fat, total	15.1	g	15.1 g
	- Saturated	9.7	g	9.7 g
	Carbohydrates	29.3	g	29.3 g
	- Sugars	3.2	g	3.2 g
	Sodium	459	mg	459 mg
DIETARY SUITABILITY**	N/A			
VERSION NUMBER	1.0			
ISSUE DATE	12-07-2024			

IMAGE



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Kransky Roll with Cheese

INGREDIENTS	Kransky sausage: (pork (79%), water, high melt cheese (processed cheese (cheese (milk , salt, culture, rennet), water, milk solids, emulsifiers (331, 450, 339, 452), salt, acidity regulator (330), preservative (200,234)), anticaking agent (maize starch, preservative (200)), seasoning (potato starch, salt, mineral salt (508,450,451,452), spices, maltodextrin, dehydrated garlic, dextrose, antioxidant (316), mustard flour, preservative (250)), tomato relish (sugar syrup, tomato puree (water, tomato paste), onion, sugar, salt, food acids (acetic, citric), thickener (1422), spices, vegetable gum (xanthan), flavours, colour (150d)), pastry (wheat flour, pastry margarine (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), water, salt, glaze (rennet casein (milk), lactose (milk), raising agent (450), colour (160a)), colour (102, 110))																																																					
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Jalapeño Bite

Hot cabinet

INGREDIENTS	Batter (water, wheat flour, maize starch, salt, thickeners (401), stabiliser (464)), water, cheese (13%) (milk , salt, starter cultures, enzymes (non-animal rennet), preservative (200), lipase), breadcrumbs (wheat flour, edible glucose, salt, yeast, natural colour (100), emulsifier (471), dextrose), potato fries (10%) (potato, canola oil), dehydrated potato flakes (7%) (potatoes, emulsifiers (471, 450), acidity regulator (330)), jalapeno (7%) (jalapeno, water, vinegar, salt, preservative (224), firming agent (509)), onion, vegetable oil, maize starch, salt, stabiliser (461).																																																					
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Sausage Roll


INGREDIENTS	Sausage filling (sausage meat (61%) (beef, lamb, water, breadcrumb (wheat flour, yeast, salt, vegetable oil, vegetable fibre, soy flour, gluten , acidity regulators (330, 263), emulsifiers (481, 472e, 471), sugar, cheese (milk), anticaking agent (460), corn starch, preservative (200)), onion, flavouring (spice, garlic, hydrolysed vegetable protein (soy), modified starch (1414), colour (150c), anticaking agent (551), spice extract, flavour), potato starch, seasoning (acidity regulator (451), preservative (223 (sulphites)), antioxidant (316), spice extracts, flavour enhancer (635], vegetable oil, potato flake, herbs)), pastry (wheat flour, water, pastry fat (beef fat, vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), salt, pastry glaze (rennet casein (milk), lactose (milk), raising agent (450), colour (160a)), colour (102, 110))																																																					
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Sausage

INGREDIENTS	Meat (79%) (chicken, beef), water, seasoning (cereal binder (wheat), salt, wheat flour, wheat gluten, mineral salts (451, 450), potato fibre, herbs, hydrolysed vegetable protein (maize), preservative (223) (sulphites), vegetable powders, spice, spice extract (160c), herb extract.				
ALLERGENS*	Contains: Wheat, Gluten, Sulphites				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 120g				
	Average Quantity	per Serving		per 100g	
	Energy	1055	kJ	879	kJ
	Protein	15.5	g	12.7	g
	Fat, total	18.4	g	15.3	g
	- Saturated	7.1	g	5.9	g
	Carbohydrates	7.6	g	5.8	g
	- Sugars	0.3	g	0.2	g
	Sodium	1025	mg	854	mg
DIETARY SUITABILITY**	N/A				
VERSION NUMBER	2.0				
ISSUE DATE	11-12-2023				
IMAGE					

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Spicy Bratwurst

INGREDIENTS	Meat (80%) (Pork), Water, Salt, Dextrose, potato starch, spices, mineral salts (451, 500), sugar herbs, spice extracts, antioxidant (316), flavour enhancer (635), preservative (250), dehydrated garlic, dehydrated onion, edible casing (beef), colours (160a, 150c, 160c).				
ALLERGENS*	N/A				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 120g				
	Average Quantity	per Serving		per 100g	
	Energy	1181	kJ	984	kJ
	Protein	16.8	g	14.0	g
	Fat, total	22.4	g	18.7	g
	- Saturated	7.9	g	6.6	g
	Carbohydrates	4.0	g	3.3	g
- Sugars	2.3	g	1.9	g	
Sodium	882	mg	735	mg	
DIETARY SUITABILITY**	N/A				
VERSION NUMBER	2.0				
ISSUE DATE	11-12-2023				
IMAGE	Not available				

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Spinach & Feta Roll

INGREDIENTS	Spinach (27.0%), wheat flour, pastry margarine (vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), water, tasty cheddar cheese (5.5%) (milk , salt, culture, enzyme), feta cheese (5.5%) (milk , culture, salt, enzyme), onion, breadcrumb (soy flour, acidity regulators (330, 263), emulsifier (481, 472e,471)), whole egg , red quinoa, cheese sauce (cheese (milk), cheese powders (milk solids, cheese (milk), food acid (270)), wheat flour, modified starch (1442), skim milk powder, lactose (milk), flavour enhancer (635), flavours, colour (160a)), lemon juice, garlic, salt, dijon mustard, seasoning, salt, black pepper, nutmeg, herbs, chilli powder, colour (102, 110)																																																						
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Toppa Bacon & Cheese


INGREDIENTS	Batter [water, wheat flour, maize starch, salt, thickeners (401, 464)], potato fries (15%) [potato, canola oil, dextrose (maize)], water, bacon (shredded) (12%) [pork, water, salt, seasoning (mineral salts (451, 452, 500), salt, dextrose, sugar, antioxidant (316), preservative (250), colour (124)), preservatives (326, 216), gelling agent (407)], breadcrumbs [wheat flour, glucose, salt, yeast, natural colour (100)], bacon-flavoured sprinkles (7%) [defatted soy meal, flavour, vegetable oil, liquid smoke, colours (129, 171)], mozzarella (6%) [pasteurised milk , salt, cultures, enzymes (non-animal rennet, rennet), water, milk solids, emulsifiers (450, 452), acidity regulator (330), anticaking agent (460), preservative (200)], dehydrated potato flakes (3.5%) [potato, emulsifiers (471, 450), acidity regulator (330)], onion, vegetable oil, seasoning																																																					
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Toppa - Chicken Cordon Bleu

INGREDIENTS	Chicken (41%), breadcrumbs [wheat flour, glucose, salt, yeast, natural colour (100)], batter [water, wheat flour, thickeners (1404, 412), maize starch, salt, dehydrated onion, hydrolysed vegetable protein (wheat), spice, herb], cheese (8%) [milk , salt, cultures, enzyme (rennet), water, milk solids, anti-caking agent (460), preservative (200), emulsifiers (450, 452), acidity regulator (330)], ham (8%) [pork, water, potato starch, salt, sugar, mineral salts (451, 450, 508), thickeners (407, 415), preservatives (250, 325, 262), antioxidants (316, 392, 306), maltodextrin, vegetable protein extract (maize), smoke flavour], vegetable oil, seasonings [emulsifier (451), hydrolysed vegetable protein (soy), flavour enhancer (920), anti-caking agent (551)], soy protein																																																						
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Toppa Lasagne

INGREDIENTS	Beef (23%), batter [water, wheat flour, modified starch (1404), maize starch, salt, thickener (412), dehydrated onion, hydrolysed vegetable protein (wheat), spice, herb], cooked pasta (13%) [water, durum wheat flour], breadcrumbs [wheat flour, glucose, salt, yeast, colours (100, 160b), vegetable oil, sugar, bread improver (anti caking agent (170), antioxidant (300))], cheese (6%) [milk , cream, salt, milk solids, cultures, enzymes, water, thickener (1422), stabilisers (415, 466), emulsifying salts (331, 451), food acid (270), yeast extract, colours (100, 160a)], tomato paste, textured soy protein, onions, vegetable oil, seasoning [wheat , soy , acidity regulator (330), anti caking agent (551), spice extracts (100, 160c), flavour enhancer (635), emulsifiers (433, 451), milk , vitamin E], capsicum.																																																						
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Toppa - Mac & Cheese with Beef Bacon

INGREDIENTS	Pasta (25%) [wheat flour, water], cheese sauce (26%) [water, milk solids, thickeners (1442, 412), maltodextrin (maize), non-dairy creamer (glucose syrup, palm oil, emulsifiers (471), anticaking agent (551), flavour, colour (102)), milk powder, cheese powder (milk , mineral salts (331, 339), food acid (330)), salt, onion powder, flavour (milk), canola oil, yeast extract, mineral salts (451, 452), sugar, flavour enhancer (635), spice extracts, colour (carotene)], batter [wheat flour, starch (maize), salt, thickeners (401, 464)], breadcrumbs [wheat flour, glucose, salt, yeast, natural colour (100), water, emulsifier (471), dextrose], beef bacon (6%) beef, water, salt, potato starch, sugar, preservatives (325, 262), mineral salts (451, 450), thickeners (407, 415), antioxidant (316), preservative (250)], cheese (3.5%) [milk , enzyme (rennet), anti-caking agent (460), preservative (200), emulsifiers (450, 452), acidity regulator (330)], cheese powder (1.5%) [milk , acidity regulator (330)], onions, vegetable oil, starch (maize), chives, pepper																																																					
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Toppa - Southern Fried Chicken


INGREDIENTS	Chicken (30%), potato (20%) [water, potato flakes, emulsifiers (471, 450), acidity regulator (330)], batter [water, wheat flour, thickeners (404, 412), maize starch, salt, spices, herbs, emulsifiers (450, 500), whey powder (milk), dextrose, vegetable powder, hydrolysed vegetable protein (wheat), flavour enhancer (635)], potato fries (13%) [potato, canola oil], breadcrumbs [wheat flour, salt, yeast, vinegar, spices, emulsifiers (450, 500), whey powder (milk), dextrose, herbs, flavour enhancer (635), edible glucose, colours (100, 160b)], gravy premix (3.5%) [thickener (1442), maltodextrin, thickeners (412, 415), flavour enhancer (635), anticaking agent (551), colour (150d)], vegetable oil, soy protein isolate, corn starch, dehydrated onion, chicken seasoning [acidity regulator (451), hydrolysed vegetable protein (soy), flavour enhancer (920)], acidity regulators (450, 451), salt, garlic powder, ground white pepper.																																																		
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Vegan Chorizo Sausage Roll

INGREDIENTS	Water, wheat flour, pastry margarine (vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a)), pea protein, seasoning (breadcrumbs (wheat), anticaking agent (170), antioxidant (300), enzymes), thickener (461), pea fibre, salt, wheat gluten, sugar, yeast extracts (yeast extracts, maltodextrin, molasses, rice bran oil), vegetable protein extract (maize), dehydrated vegetables, spices, flavour, herbs, cocoa powder, spice extract), canola oil, onion, vegan cheddar cheese (modified potato starch (1404, 1414, 1450), coconut oil, mineral salt (calcium phosphate), natural flavours, yeast extract, citric acid, lactic acid), colour (160a), preservative (potassium sorbate)), capsicum, black beans, white poppy seeds, soy milk, colour (102,110)																																																					
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LTO: Gourmet Vegan Mince & Cheese Pie

INGREDIENTS	Water, wheat flour, plant mince (13%) (soy), pastry margarine (vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330)), vegan cheddar cheese (7%) (modified potato starch (1404, 1414, 1450), coconut oil, mineral salt (calcium phosphate), natural flavours, yeast extract, citric acid, lactic acid), colour (carotene), preservative (potassium sorbate)), onion, modified maize starch (1414), leek, brown lentils, tomato, soy sauce, salt, seasonings (flavour enhancers 627, 631) tomato paste, garlic, pepper black, herbs, white poppy seeds, caramel colour (150c), colour (102, 110)																																																										
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Vegan Sausage Roll

INGREDIENTS	Wheat flour, water, pastry fat (vegetable oil, water, salt, emulsifier (471, 322 soy), acidity regulator (500), antioxidant (307b soy), food acid (330), colour (160a), pea protein, seasoning (breadcrumbs (wheat), anticaking agent (170), antioxidant (300), enzymes), thickener (461), wheat, gluten)), canola oil, vegan cheddar cheese, (mineral salt (341), preservative (330, 270, 202)), poppy seeds, soy milk (barley), colour (102, 110)			
ALLERGENS*	Contains: Gluten, Wheat, Soy May contain: Egg, Cashews, Fish, Milk			
NUTRITION INFORMATION	NUTRITION INFORMATION			
	Serving size: 150g			
	Average Quantity	per Serving		per 100g
	Energy	1960	kJ	1310 kJ
	Protein	14.2	g	9.5 g
	Fat, total	31.3	g	20.8 g
	- Saturated	13.5	g	9.0 g
Carbohydrates	30.8	g	20.5 g	
- Sugars	1.8	g	1.2 g	
Sodium	1090	mg	728 mg	
DIETARY SUITABILITY**	Vegan			
VERSION NUMBER	2.0			
ISSUE DATE	08-12-2023			
IMAGE				

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Ambient Cabinet

Apricot, Apple & Almond Muffin

INGREDIENTS	Fortified wheat flour (wheat flour, vitamin (folic acid)), water, sugar, apricots (8%) (apricots, fruit juice, firming agents (306)), canola oil, apple (6%) (apple, antioxidant (300), firming agent (509)), almonds (3%), eggs, milk solids, raising agent (500, 450,170, wheat flour), vinegar, iodised salt, emulsifier (soy) (475), flavour.																																																					
ALLERGENS*	Contains: Wheat, Gluten, Egg, Milk, Almonds, Soy May contain: Sesame, Peanuts, Walnuts, Cashews, Pecans, Pistachios, Pine Nuts																																																					
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Blueberry Muffin

INGREDIENTS	Fortified wheat flour (wheat flour, vitamin (folic acid)), water, sugar, blueberries (14%), canola oil, egg , banana pulp, milk solids (322 soy), raising agents, vinegar, emulsifier (soy), iodised salt, flavour			
ALLERGENS*	Contains: Wheat, Gluten, Egg, Milk, Soy May contain: Walnuts, Almonds, Cashews, Pecans, Pistachios, Sesame, Peanuts			
NUTRITION INFORMATION	NUTRITION INFORMATION			
	Serving size: 140g			
	Average Quantity	per Serving		per 100g
	Energy	1794	kJ	1281 kJ
	Protein	7.4	g	5.3 g
	Fat, total	15.55	g	11.11 g
	- Saturated	2.12	g	1.52 g
	Carbohydrates	64.1	g	45.8 g
- Sugars	30.1	g	21.5 g	
Sodium	353	mg	252 mg	
DIETARY SUITABILITY**	Vegetarian			
VERSION NUMBER	3.0			
ISSUE DATE	17-11-2023			
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Caramel Slice

INGREDIENTS	Condensed milk (27%) (milk solids, sugar), wheat flour, butter (cream (milk), salt), margarine (vegetable oil, water, salt, emulsifiers (471, 322 soy , 476), natural flavour, preservative (202), acidity regulator (330), natural colour (160a), antioxidant (307b)), dark chocolate (sugar, vegetable fat, emulsifiers (492, 322 soy), cocoa powder, milk solids, salt, natural flavour), dairy cream (milk , 401), egg , cocoa, raising agent (500, 575,170, maize flour), iodised salt, flavour.																																																					
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Carrot Cake Muffin

INGREDIENTS	Brown sugar, fortified wheat flour (wheat flour, vitamin (folic acid)), water, canola oil, icing sugar, carrot (9%), coconut, wheat bran, cream cheese (cream (milk), milk solids, salt, acidity regulator (270), emulsifiers, thickener (401), natural flavour), egg , banana pulp, butter (cream (milk), salt), pumpkin seeds, cranberries, apricots, raising agents, cinnamon, poppy seeds, emulsifier (soy), flavour, iodised salt.																																																					
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Chocolate Brownie

INGREDIENTS	Brownie (Sugar, butter (cream, (milk) salt), compound chocolate (16%) (sugar, vegetable oil, cocoa powder, emulsifier (soy lecithin), flavour), egg, wheat flour, glucose syrup, cocoa powder (8%), flavour, raising agent (450, 500, cornflour, preservative (potassium sorbate)), icing sugar (cane sugar (97%), tapioca starch (3%))																																																					
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Cinnamon Swirl


INGREDIENTS	Wheat flour, butter (milk) (19%) (cream (milk), ferments], water, sugar, egg , yeast, cinnamon (1.4%), maize starch, wheat gluten , salt, whey powder (milk), whole milk powder, skimmed milk powder, thickener (401), egg white powder, turmeric extract, enzymes, bulking agent (300), natural flavouring, acidity regulator (330), carrot extract.																																																						
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Crodot

INGREDIENTS	Crodot (wheat flour, water, vegetable fat, margarine (vegetable fat, water, vegetable oils (soy and sunflower), emulsifier (471), citric acid, colour (160a)), sugar, yeast, salt, gluten wheat , anti-caking agent (170) emulsifiers (471, 472, 322 (soy)), dextrose, malted wheat flour, flour treatment agent (300)), sugar, white truffle topping (vegetable oil, sugar, skim milk powder, cream powder (milk), emulsifier (sunflower lecithin), vanillin, flavouring)																																																						
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Carbohydrates	40.8	g	45.3	g																																																			
- Sugars	14.4	g	16	g																																																			
Sodium	325	mg	362	mg																																																			
DIETARY SUITABILITY**	Vegetarian																																																						
VERSION NUMBER	2.0																																																						
ISSUE DATE	29-02-2024																																																						
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Custard Danish

INGREDIENTS	Water, wheat flour, vegetable oils, sugar, yeast, egg (1%), invert sugar syrup, hazelnuts , dextrose, whey powder (milk), almonds , vegetable fats (coconut), soybean (soy), iodized salt, wheat gluten , salt, white beans, apricot kernels, milk proteins, vinegar, whole milk powder, vitamin a palmitate, colour (160a), acidity regulator (330, 339), flour treatment agent (300), emulsifier (450, 471), thickener (401, 406), modified starch (1412, 1414), stabilizer (404, 450, e516), flavouring, natural flavouring, enzymes.																																																		
ALLERGENS*	Contains: Wheat, Gluten, Egg, Milk, Soy, Almonds, Hazelnuts May Contain: Brazil Nuts, Cashews, Macadamias, Pecans, Pine Nuts, Pistachios, Walnuts																																																		
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Double Choc Muffin

INGREDIENTS	Fortified wheat flour (wheat flour, vitamin (folic acid)), sugar, water, dark choc (16%) (sugar, vegetable fat, cocoa, milk solids, emulsifiers (492, 322 soy), natural flavours), canola oil, egg , banana pulp (300, 330), cocoa (3%), maize starch, raising agent (170, 500, 575, maize flour), vinegar, iodised salt, flavour, colour (153).																																																					
ALLERGENS*	Contains: Wheat, Gluten, Egg, Milk, Soy May contain: Almonds, Cashews, Pecans, Pistachios, Walnuts, Sesame, Peanuts																																																					
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Ham and Gouda Croissant

INGREDIENTS	<p>Wheat flour, water, butter (milk) (15%), ham (9%) (pork (90%), water, salt, acidity regulator (331), stabilizer (451), smoke flavouring, antioxidant (316), preservative (250)), gouda cheese (milk) (5%), yeast, sugar, iodized salt, wheat gluten, vegetable oils, modified starch (1414), potato starch, maltodextrin, whole egg powder, skimmed milk powder, cheese powder (milk), vegetable proteins, wheat starch, salt, vegetable fibres (wheat), natural flavouring, glucose syrup, wheat protein, natural flavouring (milk), lemon juice concentrate, milk proteins, flour treatment agent (300), spices, enzymes</p>																																																					
ALLERGENS*	<p>Contains: Wheat, Gluten, Egg, Milk May Contain: Soy, Almonds, Brazil Nuts, Cashews, Hazelnuts, Macadamias, Pecans, Pine Nuts, Pistachios, Walnuts</p>																																																					
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Lolly Cake Slice

INGREDIENTS	Malt crumb (wheat flour, brown sugar, margarine (vegetable oil, antioxidant (306), emulsifier (322 soy), citric acid (330), preservative (202)), malt (barley), egg , raising agent (500), colour (155, 110, 122, 133)), condensed milk (milk solids, sugar), lollies (18%) (sugar, glucose, gelatine, flavours, colours (102, 122, 124, 133)), margarine (vegetable oil, water, salt, emulsifiers (322 soy , 435, 475, 471, 476), flavour, preservative (202), acidity regulator (330), natural colour (160a), antioxidant (307b)), butter (cream (milk), salt), desiccated coconut.				
ALLERGENS*	Contains: Wheat, Gluten, Egg, Milk, Soy May contain: Almonds, Cashews, Pecans, Pine Nuts, Pistachios, Walnuts, Peanuts, Sesame				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 85g				
	Average Quantity	per Serving		per 100g	
	Energy	1547	kJ	1820	kJ
	Protein	4.2	g	5.0	g
	Fat - Total	17.67	g	20.78	g
	Fat – Saturated	10.73	g	12.62	g
	Carbohydrate - Total	48.7	g	57.2	g
	Carbohydrate - Sugars	33.6	g	39.5	g
	Sodium	223	mg	262	mg
DIETARY SUITABILITY**	Vegetarian				
VERSION NUMBER	2.0				
ISSUE DATE	27-11-2023				
IMAGE					

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Maple Pecan Plait

INGREDIENTS	Wheat flour, water, vegetable, sugar, pecans (3%), yeast, egg , brown sugar, maize starch, invert sugar syrup, maize flour, salt, iodized salt, wheat gluten , glucose syrup, maple syrup (0.1%), vinegar, caramel, vitamin A palmitate, acidity regulator (330), flour treatment agent (300), emulsifier (471), thickener (406), natural maple flavouring (0.1%), natural flavouring, enzymes.			
ALLERGENS*	Contains: Wheat, Gluten, Pecans, Egg May Contain: Soy, Milk, Almonds, Brazil Nuts, Cashews, Hazelnuts, Macadamias, Pine Nuts, Pistachios, Walnuts			
NUTRITION INFORMATION	NUTRITION INFORMATION			
	Serving size: 95g			
	Average Quantity	per Serving		per 100g
	Energy	1589	kJ	1673 kJ
	Protein	4.4	g	4.6 g
	Fat, total	25.4	g	26.7 g
	- Saturated	9.8	g	10.3 g
	Carbohydrates	33.3	g	35.1 g
- Sugars	13.1	g	13.8 g	
Sodium	346	mg	364 mg	
DIETARY SUITABILITY**	N/A			
VERSION NUMBER	1.0			
ISSUE DATE	12-07-2024			

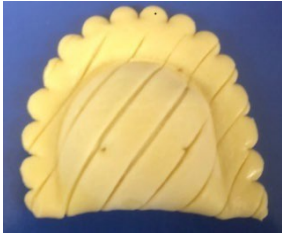
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Mini Apple Turnover

INGREDIENTS	Apple filling (35.7%) (apple (65%), sugar, water, stabilisers (1442, 461), acidity regulator (330, 331), preservative (202), antioxidant (300)), wheat flour, unsalted butter (milk), salt, egg .				
ALLERGENS*	Contains: Wheat, Gluten, Egg, Milk May contain: Soy, Almonds, Macadamias, Walnuts				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 42g				
	Average Quantity	per Serving		per 100g	
	Energy	500	kJ	1190	kJ
	Protein	1.6	g	3.9	g
	Fat - Total	6.0	g	14.3	g
	Fat - Saturated	3.8	g	9.2	g
	Carbohydrate - Total	14.7	g	35.0	g
Carbohydrate - Sugars	5.2	g	12.3	g	
Sodium	88	mg	210	mg	
DIETARY SUITABILITY**	Vegetarian, Halal				
VERSION NUMBER	2.0				
ISSUE DATE	04-12-2023				
IMAGE					

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Pain au Chocolat

INGREDIENTS	Pain au chocolat (wheat flour, butter (19%) (milk), water, chocolate (12%) (sugar, cocoa mass, cocoa butter, emulsifier (322 soy)), yeast, sugar, iodized salt (salt, potassium iodate), wheat gluten , skimmed milk , canola oil, dextrose, milk proteins, vegetable proteins, flour treatment agent (300), enzymes), truffle topping (vegetable oil, sugar, fat reduced cocoa powder (14%), skim milk powder, emulsifier (sunflower lecithin), vanillin)																																																					
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Raspberry, White Chocolate & Apple Muffin

INGREDIENTS	Fortified wheat flour (wheat flour, vitamin (folic acid)), water, sugar, raspberries (7%), canola oil, white choc (sugar, vegetable fat (palm), milk solids, emulsifiers (322 soy), natural flavour), diced apple, egg , banana pulp, milk solids (322 soy), raising agents, vinegar, iodised salt, natural flavour.																																																					
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ISSUE DATE	22-12-2023																																																					
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Triple Chocolate Cookie

INGREDIENTS	Wheat flour, sugar, chocolate compound (30%) (sugar, vegetable oil, cocoa butter, milk powder, cocoa powder, cocoa mass, emulsifier (soy lecithin), flavour), butter (cream, (milk) salt), egg , cocoa powder, raising agent (baking soda), flavour.				
ALLERGENS*	Contains: Wheat, Gluten, Egg, Milk, Soy May contain: Peanuts, Macadamias, Cashews				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 57g				
	Average Quantity	per Serving		per 100 g	
	Energy	1160	kJ	2030	kJ
	Protein	2.5	g	4.3	g
Fat, total	12.7	g	22.3	g	
- Saturated	9.1	g	16.0	g	
Carbohydrates	36.4	g	63.8	g	
- Sugars	24.9	g	43.6	g	
Sodium	70	mg	122	mg	
DIETARY SUITABILITY**	Vegetarian, Halal				
VERSION NUMBER	4.0				
ISSUE DATE	28-11-2023				
IMAGE					

White Chocolate & Caramel Cookie


INGREDIENTS	Caramel flavoured chocolate compound (14%) (sugar, vegetable oil, milk powder, Emulsifier (soy lecithin), flavour, colour (102, 122, 133)), wheat flour, sugar, butter (cream, (milk) salt), egg , cocoa powder, raising agent (baking soda), flavour.																																																					
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Cold Cabinet

Vanilla Custard Slice

INGREDIENTS	Water, dairy cream (thickener (milk) (401)), custard (14%) (sugar, milk solids, thickener (1414), stabiliser (339, 450, 401, 516), fructose, acidity regulator (331), salt, flavour, colours (102, 110)), wheat flour, butter (cream (milk), salt), wheat starch, sugar icing, margarine (vegetable oil, emulsifiers (471, 472c, 322 soy , 476), natural flavour, acidity regulator (330), natural colour (160a), antioxidant (304, 307b), stabilisers (sugar, gelatine, dextrose, stabiliser (450), egg , maize starch), dark chocolate (sugar, vegetable fat, emulsifiers (492, 322 soy), cocoa powder), vanilla flavour (0.5%), iodised salt.																																																					
ALLERGENS*	Contains: Wheat, Gluten, Egg, Milk, Soy May contain: Walnuts, Almonds, Cashews, Pecan, Pistachios, Sesame, Peanuts																																																					
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Iced Drinks, Frappes & Smoothies

Banana Berry Smoothie

INGREDIENTS	Milk , blueberries (18%), banana (17%), boysenberries (4%), dates (3%).				
ALLERGENS*	Contains: Milk May contain: Almonds, Soy, Wheat, Gluten				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 420ml				
	Average Quantity	per Serving		per 100mL	
	Energy	1261	kJ	280	kJ
	Protein	10.9	g	2.4	g
	Fat, total	3.7	g	0.8	g
	- Saturated	0.1	g	0.0	g
	Carbohydrates	57.2	g	12.7	g
- Sugars	36.7	g	8.2	g	
Sodium	98	mg	22	mg	
DIETARY SUITABILITY**	Vegetarian				
VERSION NUMBER	2.0				
ISSUE DATE	15-12-2023				
IMAGE	Not available				

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Chocolate Frappe

INGREDIENTS	Ice, water, ice chocolate beverage powder (sugar, milk solids, cocoa (12%), glucose syrup solids, vegetable oil, maltodextrin, fructose, thickener, (466, 415), flavour, salt, anticaking agent (551), emulsifier (471), stabiliser (340)), whipped cream (cream (milk), emulsifier (471), flavour, vegetable gums (401, 407), drinking chocolate powder (sugar, cocoa (30%), flavour (milk), salt																																																		
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Coffee Frappe

INGREDIENTS	Ice, Water, Vanilla Ice Beverage Powder (Sugar, Milk Solids, Vegetable Oil, Maltodextrin, Fructose, Thickener (466, 415), Flavour, Salt, Anticaking Agent (551), Emulsifier (471), Stabiliser (340)), Coffee (5%), whipped cream (cream (milk), emulsifier (471), flavour, vegetable gums (401, 407), Vanilla Syrup (Cane Sugar, Filtered Water, Natural Flavour, Preservative (202), Citric Acid (330))																																																						
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Iced Americano

INGREDIENTS	Water, ice, espresso coffee (11%) (ground coffee, water)				
ALLERGENS*	N/A				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 420ml				
	Average Quantity	per Serving		per 100 ml	
	Energy	48	kJ	12	kJ
	Protein	0.7	g	0.2	g
	Fat, total	0.0	g	0.0	g
	Saturated	0.0	g	0.0	g
Carbohydrates	2.0	g	0.5	g	
Sugars	0.0	g	0.0	g	
Sodium	1	mg	1	mg	
DIETARY SUITABILITY**	Vegetarian				
VERSION NUMBER	1.0				
ISSUE DATE	18-03-2024				
IMAGE					

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Iced Chocolate

INGREDIENTS	Milk , ice, chocolate powder (cocoa powder (30%), flavour (milk)).				
ALLERGENS*	Contains: Milk May contain traces of: Almonds, Soy, Wheat, Gluten				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 420ml				
	Average Quantity	per Serving		per 100 ml	
	Energy	659	kJ	157	kJ
	Protein	6.9	g	1.6	g
	Fat, total	6.8	g	1.6	g
	Saturated	4.6	g	1.1	g
Carbohydrates	17.1	g	4.1	g	
Sugars	16.6	g	4.0	g	
Sodium	98	mg	23	mg	
DIETARY SUITABILITY**	Vegetarian				
VERSION NUMBER	1.0				
ISSUE DATE	18-03-2024				
IMAGE					

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Iced Latte

INGREDIENTS	Water, milk, espresso coffee (11%) (ground coffee, water)				
ALLERGENS*	Contains: Milk				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 420ml				
	Average Quantity	per Serving		per 100mL	
	Energy	733	kJ	1757	kJ
	Protein	9.3	g	2.2	g
	Fat, total	8.8	g	2.1	g
- Saturated	6.0	g	1.4	g	
Carbohydrates	14.55	g	3.5	g	
- Sugars	12.5	g	3.0	g	
Sodium	105	mg	25	mg	
DIETARY SUITABILITY**	Vegetarian				
VERSION NUMBER	1.0				
ISSUE DATE	18 03 2024				
IMAGE					

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Iced Matcha

INGREDIENTS	Water, ice, matcha green tea powder (sugar, milk solids, glucose syrup solids, vegetable oil, matcha powder (7.0%), fructose, flavour, thickener (466,415), salt, anticaking agent (551), emulsifier (471), stabilizer (340))				
ALLERGENS*	Contains: Milk May contain traces of: Almonds, Soy, Wheat, Gluten				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 420ml				
	Average Quantity		per Serving		per 100 ml
	Energy	986	kJ	235	kJ
	Protein	4.1	g	1.0	g
	Fat, total	7.5	g	1.8	g
	Saturated	5.9	g	1.4	g
Carbohydrates	37.5	g	8.9	g	
Sugars	31.0	g	7.4	g	
Sodium	183	mg	44	mg	
DIETARY SUITABILITY**	Vegetarian				
VERSION NUMBER	1.0				
ISSUE DATE	18-03-2024				
IMAGE					

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Iced Mocha

INGREDIENTS	Milk , ice, espresso coffee (11%) (coffee grounds, water), chocolate powder (cocoa powder 30%, flavour (Milk))				
ALLERGENS*	Contains: Milk May contain traces of: Almonds, Soy, Wheat, Gluten				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 420ml				
	Average Quantity	per Serving		per 100 ml	
	Energy	603	kJ	144	kJ
	Protein	6.5	g	1.5	g
	Fat, total	5.7	g	1.4	g
	Saturated	3.9	g	0.9	g
Carbohydrates	16.4	g	3.9	g	
Sugars	14.0	g	3.3	g	
Sodium	84	mg	20	mg	
DIETARY SUITABILITY**	Vegetarian				
VERSION NUMBER	1.0				
ISSUE DATE	18-03-2024				
IMAGE					

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Matcha Frappe

INGREDIENTS	Water, ice, matcha green tea powder [sugar, milk solids (milk), glucose syrup solids, vegetable oil, matcha powder (7.0%), fructose, flavour, thickener (466,415), salt, emulsifier (471), stabilizer (340)], cream [cream (milk), emulsifier (471), flavour, vegetable gums (401, 407)]				
ALLERGENS*	Contains: Milk May contain traces of: Almonds, Soy, Wheat, Gluten				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 420ml				
	Average Quantity	per Serving		per 100 ml	
	Energy	1170	kJ	279	kJ
	Protein	4.0	g	1.0	g
	Fat, total	14.5	g	3.5	g
	Saturated	10.4	g	2.5	g
Carbohydrates	33.4	g	8.0	g	
Sugars	27.7	g	6.6	g	
Sodium	166	mg	40	mg	
DIETARY SUITABILITY**	Vegetarian				
VERSION NUMBER	1.0				
ISSUE DATE	18-03-2024				
IMAGE					

* ALLERGEN WARNING: There is always a risk that traces of allergens may be transferred to products during storage, preparation, cooking, or display. Z is unable to guarantee that any food sold is free from allergens including, without limitation, egg, peanuts, milk, soy, sesame, lupin, gluten (barley, oats, rye, wheat), wheat, fish, crustacean, molluscs, sulphites, almonds, Brazil nuts, cashews, hazelnuts, macadamias, pecans, pine nuts, pistachios, and walnuts

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Mocha Frappe

INGREDIENTS	Ice, water, ice mocha base (14%) (sugar, milk solids, glucose syrup, vegetable oil, cocoa powder (5%), fructose, maltodextrin, flavour, thickener (466, 415), salt, anticaking agent (551), emulsifier (471), stabiliser (340)), whipped cream (cream (milk), emulsifier (471), flavour, vegetable gums (401, 407), coffee (4%), drinking chocolate powder (sugar, cocoa (30%), flavour (milk), salt)				
ALLERGENS*	Contains: Milk May contain: Almonds, Soy, Wheat, Gluten				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 420ml				
	Average Quantity	per Serving		per 100mL	
	Energy	1210	kJ	284	kJ
	Protein	4.4	g	1	g
	Fat, total	9.1	g	2.1	g
	- Saturated	7	g	1.6	g
Carbohydrates	48.2	g	11.2	g	
- Sugars	40.8	g	9.5	g	
Sodium	231	mg	54	mg	
DIETARY SUITABILITY**	Vegetarian				
VERSION NUMBER	5.0				
ISSUE DATE	15-12-2023				
IMAGE	Not available				

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Tropical Smoothie (Vegan)

INGREDIENTS	Almond milk (Filtered water, whole almonds (3.5%), raw sugar, sunflower oil, emulsifier (471, 322 soy), natural flavour, vegetable gum (407, 418), food acid (331), sea salt), Mango (15%), Pineapple (14%), Banana (11%), Seedless Passionfruit (2%)																																																		
ALLERGENS*	Contains: Almonds, Soy May contain: Milk, Wheat, Gluten																																																		
NUTRITION INFORMATION	<table border="1"><thead><tr><th colspan="5">NUTRITION INFORMATION</th></tr><tr><td colspan="5">Serving size: 420ml</td></tr><tr><th>Average Quantity</th><th colspan="2">per Serving</th><th colspan="2">per 100mL</th></tr></thead><tbody><tr><td>Energy</td><td>932</td><td>kJ</td><td>207</td><td>kJ</td></tr><tr><td>Protein</td><td>2.2</td><td>g</td><td>0.5</td><td>g</td></tr><tr><td>Fat, total</td><td>5.6</td><td>g</td><td>1.2</td><td>g</td></tr><tr><td>- Saturated</td><td>1.0</td><td>g</td><td>0.2</td><td>g</td></tr><tr><td>Carbohydrates</td><td>45.1</td><td>g</td><td>10.0</td><td>g</td></tr><tr><td>- Sugars</td><td>30.7</td><td>g</td><td>6.8</td><td>g</td></tr><tr><td>Sodium</td><td>174</td><td>mg</td><td>39</td><td>mg</td></tr></tbody></table>	NUTRITION INFORMATION					Serving size: 420ml					Average Quantity	per Serving		per 100mL		Energy	932	kJ	207	kJ	Protein	2.2	g	0.5	g	Fat, total	5.6	g	1.2	g	- Saturated	1.0	g	0.2	g	Carbohydrates	45.1	g	10.0	g	- Sugars	30.7	g	6.8	g	Sodium	174	mg	39	mg
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DIETARY SUITABILITY**	Vegan																																																		
VERSION NUMBER	3.0																																																		
ISSUE DATE	15-12-2023																																																		
IMAGE	Not available																																																		

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Hot Drinks

Hot Drink Ingredients

Symbol	Meaning
C	Contains
M	May contain

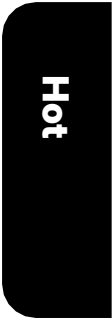
	Gluten	Wheat	Eggs	Soy	Milk	Sesame	Almonds	Brazil Nuts	Cashews	Hazelnuts	Macadamias	Pecans	Pine Nuts	Pistachios	Walnuts	Peanuts	Mollusc	Crustacean	Fish	Sulphites	Lupin
COFFEE																					
Coffee Beans																					
Decaffeinated beans																					
MILKS																					
Blue/trim milk					C																
Almond milk				C			C														
Coconut milk				C			M	M	M	M	M	M	M	M	M	M					
Oat milk	C																				
Soy milk				C																	
SYRUP SHOTS																					
Butterscotch syrup																					
Chai syrup																					
Caramel syrup																					
Hazelnut syrup																					
Lemon, ginger & honey syrup																					
Salted caramel syrup																					
Vanilla syrup																					
TEA																					
Earl grey																					
Cinnamon & peppermint																					
Jasmine green tea																					
English breakfast																					
Rose with French vanilla																					

Hot

Hot Drink Ingredients Continued

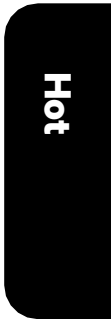
Symbol	Meaning
C	Contains
M	May contain

	Gluten	Wheat	Eggs	Soy	Milk	Sesame	Almonds	Brazil Nuts	Cashews	Hazelnuts	Macadamias	Pecans	Pine Nuts	Pistachios	Walnuts	Peanuts	Mollusc	Crustacean	Fish	Sulphites	Lupin
OTHER																					
Caramel Sauce					C																
Chocolate Sauce					C																
Cinnamon powder	M	M		M	M	M	M	M	M	M	M	M	M	M	M	M					
Hokey Pokey Crumb	M	M		M	M																
Hot chocolate powder					C																
Luxury Caramel Powder					C																
Marshmallows					M																
Matcha Green Tea Powder					C																
Oreo Crumb	C	C		C																	
Whipped Cream					C																



Finished Hot Drinks

Symbol	Meaning
C	Contains
M	May contain



	Gluten	Wheat	Eggs	Soy	Milk	Sesame	Almonds	Brazil Nuts	Cashews	Hazelnuts	Macadamias	Pecans	Pine Nuts	Pistachios	Walnuts	Peanuts	Mollusc	Crustacea	Fish	Sulphites	Lupin	
Long Black																						
Americano																						
Short Black																						
Flat white					C																	
Latte					C																	
Cappuccino with cinnamon powder	M	M		M	C	M	M	M	M	M	M	M	M	M	M	M						
Cappuccino with chocolate powder					C																	
Mochaccino without Marshmallows					C																	
Mochaccino with Marshmallows					C																	
Hot Chocolate without Marshmallows					C																	
Hot Chocolate with Marshmallows					C																	
Chai Latte with cinnamon	M	M		M	C	M	M	M	M	M	M	M	M	M	M	M						
Hot Matcha					C																	
Fluffy without marshmallows					C																	
Fluffy with marshmallows					C																	
Lemon, Ginger and Honey																						
Tea with Milk					C																	
Tea without Milk																						
Luxury Hot Chocolate					C																	
Luxury Hot Caramel	M	M		M	C																	

*All based on standard order with blue cows' milk. If product alterations are made to your order, such as using an alternative milk, please refer to the ingredients allergen table on the previous page for additional information.

Salted Caramel Cooke Time Cookie 7g

(The free cookie with Z Coffee)

INGREDIENTS	Wheat flour, Butter (cream (milk), salt), Sugar, Brown sugar, Caramel flavoured pieces (11%) (invert sugar, concentrated apple puree, sugar, powdered cellulose, humectant (glycerin), fructose, gelling agent (pectin), natural flavor, colours (caramel IV, 171), acidity regulator (lactic acid)), Milk chocolate (8%) (sugar, cocoa solids, milk solids, emulsifier (soy lecithin), natural flavor), Glucose syrup, Milk solids, Salt (0.6%), Natural flavor, Raising agent (500)				
ALLERGENS*	Contains: Wheat, Gluten, Milk, Soy May Contain: Egg, Peanuts, Sesame, Almonds				
NUTRITION INFORMATION	NUTRITION INFORMATION				
	Serving size: 7g				
	Average Quantity	per Serving		per 100g	
	Energy	136	kJ	1940	kJ
	Protein	0.4	g	6.3	g
	Fat, total	1.3	g	18.0	g
	- Saturated	0.8	g	11.3	g
	Carbohydrates	4.7	g	66.6	g
- Sugars	2.9	g	41.7	g	
Sodium	36	mg	509	mg	
DIETARY SUITABILITY**	N/A				
VERSION NUMBER	1.0				
ISSUE DATE	12-07-2024				

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